



Stanwell Park Ocean Challenge



Enjoy the great swim around the cliffs from Coalcliff to Stanwell Park Beach.

Sunday 28th March 2010

- RACE DAY:** All competitors must report to Stanwell Park Surf Club by 9.15am
- PARKING:** Available at Stanwell Park Kiosk, Station Street, Stanwell Park (Eastern End)
(Follow paths directly to Stanwell Park Beach & Surf Club – Free shuttle bus to Coalcliff)
- LATE ENTRIES:** Accepted on the day from 8am to 9.15am at Stanwell Park Surf Club Only.
- ELIGIBILITY:** Entrants must be 14 years or over. Age category as at date of swim.
- COURSE:** Starts at Coalcliff, swim to Stanwell Park (approx. 2.3km)
- BRIEFING:** Coalcliff Beach prior to start
- RACE START:** 10am
- CATEGORIES:** Male and Female
Ages 14-19, 20-29, 30-39, 40-49, 50-59, 60 and over
- PRIZES:** \$300 1st Overall Male & Female; \$200 2nd Overall Male & Female;
\$100 3rd Overall Male & Female.
Event Logo Beach Towel for 1st, 2nd & 3rd age group place-getters.
Printed swim cap supplied to all competitors.
Random prize draw: 2 x OLYMPUS Cameras (Tough 8000 & Tough 6010)
- ENTRIES:** On-line entries @ www.oceanswims.com
OR
Complete the following Entry Form and post to
Stanwell Park Ocean Challenge
P.O. Box 111
Helensburgh NSW 2508
Postal entries must be received by Thursday 25th March, 2010
(Postal entries received after this date will be deemed late entries)
Cheques payable to Helensburgh-Stanwell Park SLSC Inc
- Entry Fee \$30.00 Late Entries \$40.00**
- ENQUIRIES:** Log onto www.stanwellparksurfclub.com or www.oceanswims.com
- Andrew Perrin Wayne Johnston
Phone 4294 9177 / 0414949194 4294 3890 / 0416 086 685
Email ocean_challenge@stanwellparksurfclub.com

For up to date information on race day phone Stanwell Park Surf Club 4294 1223